



**ITEM: F820**

**FAMILY SIZE**  
NET WT 9.5 OZ (269 G)

**Nutrition Facts**

About 10 servings per container  
**Serving size 1 2/3 cup (28g)**

**Amount Per Serving**  
**Calories 170**

	% Daily Value*
<b>Total Fat</b> 13g	<b>17%</b>
Saturated Fat 2g	<b>10%</b>
Trans Fat 0g	
<b>Cholesterol</b> <5mg	<b>1%</b>
<b>Sodium</b> 240mg	<b>10%</b>
<b>Total Carbohydrate</b> 11g	<b>4%</b>
Dietary Fiber 2g	<b>7%</b>
Total Sugars 2g	
Includes 0g Added Sugars	<b>0%</b>
<b>Protein</b> 2g	
Vitamin D 0mcg	0%
Calcium 40mg	2%
Iron 0.4mg	2%
Potassium 80mg	2%

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: POPCORN, PAN RELEASE (CORN OIL, LECITHIN, ARTIFICIAL BUTTER FLAVOR AND BETA CAROTENE (ADDED FOR COLOR)), CHEDDAR & SOUR CREAM SEASONING (MALTODEXTRIN, WHEY, SALT, CULTURED CREAM, CHEDDAR & BLUE CHEESE (PASTEURIZED MILK, SALT, CHEESE CULTURE, ENZYMES), CORN STARCH, MONOSODIUM GLUTAMATE (MSG), ONION POWDER, BUTTER (CREAM, SALT), CITRIC ACID, NATURAL & ARTIFICIAL FLAVORS, DISODIUM INOSINATE & DISODIUM GUANYLATE, WHEY PROTEIN CONCENTRATE, YELLOW 5 LAKE, YELLOW 6 LAKE, YELLOW 5, YELLOW 6, SODIUM DIACETATE, LACTIC ACID, VITAMIN E ADDED TO PROTECT FLAVOR, VITAMIN C ADDED TO PROTECT FLAVOR), CHEDDAR CHEESE BLEND (CHEDDAR CHEESE (MILK, SALT, CHEESE CULTURES, & ENZYMES), WHEY, BUTTERMILK, SALT, DISODIUM PHOSPHATE AND ANNATTO EXTRACT), WHITE CHEDDAR CHEESE BLEND (CHEDDAR CHEESE (MILK, SALT, CHEESE CULTURES, & ENZYMES), WHEY, BUTTERMILK, SALT & DISODIUM PHOSPHATE)

CONTAINS: MILK, SOY

POPPIN POPCORN  
HOLLAND, MI 49423